

Group Class Schedule

Monday	5:30AM	9:00AM	5:30PM
Tuesday	5:30AM	9:00AM	5:30PM
Wednesday	5:30AM	9:00AM	5:30PM
Thursday	5:30AM	9:00AM	5:30PM
Friday	5:30AM	9:00AM	4:30 PM
Saturday	8:00AM Bootcamp		